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‘हर काम देश के नाम’

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**Raksha Mantri Shri Rajnath Singh to attend International Day of Yoga
event onboard INS Vikrant at Kochi tomorrow**

Raksha Mantri Shri Rajnath Singh will join Indian Navy personnel to perform yoga onboard indigenously built aircraft carrier INS Vikrant on the occasion of International Day of Yoga tomorrow on June 21, 2023.

Admiral R Hari Kumar, Chief of the Naval Staff; Smt. Kala Hari Kumar, President of Naval Welfare and Wellness Association along with other senior officers of Indian Navy and the Ministry of Defence will be present during the event.

Armed forces personnel including Agniveers will participate in the event embracing the spirit of unity and well-being. After the yoga session, the Raksha Mantri will address the gathering and felicitate the yoga instructors.

On the occasion, Indian Navy will stream an exclusive video on Indian Navy’s outreach activities emphasising the theme ‘Ocean Ring of Yoga’, while Indian Navy units that are deployed in the Indian Ocean Region will visit various ports of Friendly Foreign Countries to spread the message of “Vasudhaiva Kutumbakam” which is also the theme for IDY 23. It may be noted that it is the ninth year since the UN recognised June 21 as the International Day of Yoga through a resolution in 2014.

Later tomorrow, Raksha Mantri is also scheduled to inaugurate the Integrated Simulator Complex (ISC) 'Dhruv' at the Southern Naval Command,

Kochi. ISC 'Dhruv' hosts modern state of the art indigenously built simulators which will significantly enhance practical training in the Indian Navy.

ABB/Anand